

Free Workshop

Circle of Security



HAVE YOU EVER WONDERED—Why do my kids push my buttons? What do my kids really need?

Come along and join other parents to find out more about your child's developing brain and how to help them when they struggle with big feelings.

We start with a coffee, while your children head off to enjoy time in a free crèche with friendly staff. There will be some great videos to watch and you will receive a Certificate of completion. This is an 8 week workshop you won't regret doing. Feel free to bring a friend.

Dates: 8 Thursdays starting– TERM 3

August 4th to September 22nd

Time: 1pm - 2.30pm

Place: Elizabeth Grove Children's Centre

2 0 Haynes Street, Elizabeth Grove

Free Crèche provided.

Please book for course and crèche

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