

# THANK YOU

from Elizabeth Grove Young Doctors



We are very grateful for the opportunity we had today, learning from Dr Nick, Dr Sara and their team Sarah, Angela, Jacinta and for Liz coming in on her day off. Thank you to Belinda for organising our visit to Calvary North Adelaide

The Young Doctors learnt so much from the engaging, hands on and fun learning experience. Here are some comments:

- *It was fun getting the cast on. I learnt a lot playing with the mannequins*
- *It was good getting my blood sugar checked. I liked inflating the lungs of the mannequin*
- *I learnt that when you do chest pressures, you use a tool to keep your tongue down, so oxygen can get through*
- *I learnt how to take blood pressure. I put something on my finger to tell how much oxygen is in my body. I put the cuff on to measure the blood pressure.*
- *I learnt that you have to go to university to be a surgeon. I had fun putting the plaster cast on and trying on the scrubs.*
- *You have to put lubrication on some tools and machines you use. Taking blood sugar was fun, mine was 4.9 – good!*
- *I learnt about CPR and how to do CPR. I also learnt about taking someone's heart out.*
- *I liked putting on the plasters and doing CPR. I liked learning about heart rate and how much oxygen is in your body*
- *I liked taking blood sugar, getting pricked with the needle and taking temperatures. When you do CPR on an adult it is 30 compressions and 2 breaths*

We had four stations set up for us today.

Blood sugar and poo specimens with Dr Nick and Jacinta



Preparation for theatre with Dr Sara



Blood pressure with Sarah



Plaster casts with Dr Nick and Angela



Photos from the basement, learning room led with Liz



